Virtual Panel:
Resilience in Practice

- Do you define resilience as an individual practice or a collective behavior?
- How can we foster a sense of resilience?
- How do the military and athletes demonstrate resilience?
- What does science say about resilience?

Join us for a virtual panel discussion with experts who have fostered resilience in their career, education, athletics and the military.

Moderator:

John C. Sterling
Founder/CEO, Azimuth Leadership LLC

John served in the United States Army for 11 years and completed his active-duty contract as a Noncommissioned Officer and Military Intelligence professional.

In his civilian endeavors John founded Azimuth Leadership LLC, where he is an advocate for behavioral health and holistic wellness in sports and military communities to include retired professional athletes and student-athletes of the Peach Belt Athletic Conference. John is also working towards a collaboration with the Department of State Sports Diplomacy Division for an initiative on an international behavioral health stigma reduction. In 2019 John launched the T.E.A.M (Transition-Empowerment-Advocacy-Mindset) platform which includes annual summits, weekly peer-to-peer support engagements and a monthly podcast. Together these interactive venues have allowed him to fulfill his passion for assisting those he serves to address the unique challenges of transition as they “take off the uniform” and enter a new chapter of life.

Featuring:

Nancy Cooke, PhD
Professor of Human Systems Engineering
Ira A. Fulton Schools of Engineering
Arizona State University

Karen Gallagher, PhD
Senior Researcher
Global Sport Institute
Arizona State University

Julie Rousseau, PhD
Adjunct Professor, Gender and Sexuality Studies
University of Southern California

Craig Johnson
PhD student, Human Systems Engineering
Ira A. Fulton Schools of Engineering
Arizona State University

Wednesday, February 24, 2021
9 a.m. MST

Register today!
resilienceinpractice.eventbrite.com